



UNDERSTANDING ADVERSE CHILDHOOD EXPERIENCES (ACE's)

with Wirral Met College

Stressful or traumatic experiences in childhood can have a tremendous impact on futures. You are more likely to experience violence, victimisation and lifelong health problems. On this course we will work to understand ACEs, look at how they can impact children and adults and explore ways to prevent them.

This course is free to complete and won't affect your benefits.

Course Details:

1PM - 3:30PM

Monday 3rd June - 10th June 2024

Book your place with Tomorrow's Women

**2 WEEK
COURSE**



Tomorrow's
Women

Tomorrow's Women BH, Beckwith
Street E, Birkenhead, CH41 3JE